



JKPS

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CanSupport: A Report on the Healthcare Camp

On Thursday, September 4th, Jaspal Kaur Public School organised a comprehensive health check-up camp called Health First: A thorough Healthcare Camp in collaboration with CanSupport. The event was intended to enhance the well-being of all staff and employees. This effort reaffirmed the school's commitment to preventative healthcare and overall staff well-being by providing critical screening services for free, as well as certain optional tests at an affordable price.



The camp featured a variety of health screenings facilitated by reputed institutions. Rajiv Gandhi Cancer Institute conducted oral cancer screening for all and provided Pap smear, cervical, and breast cancer tests for female staff in a designated classroom to ensure privacy. The Centre for Sight offered thorough eye examinations, while Clove Dental provided dental analysis, oral hygiene counselling, and distributed free toothpaste. Participants also opted for additional blood tests at nominal rates, supporting early detection of conditions such as diabetes, hypertension, and thyroid imbalances.



The camp recorded a total of 110 registrations, reflecting strong participation. Out of these, 35 Pap smear tests were successfully conducted. Doctors and medical staff followed a well-coordinated schedule, with a lunch break scheduled from 1:00 p.m. to 1:30 p.m. to ensure uninterrupted services before and after the break.





The School Auditorium was the main location for the health camp, where general health services and screenings were available to all employees. To ensure privacy and comfort, specialised tests like Pap smears and breast cancer screenings for female staff took place in the IX-D classroom. This setup allowed for efficient scheduling and a smooth process, making it easy for participants to access services in different designated areas.

In recognition of a well-executed event, Rasna Ma'am, the vice-chairperson, presented a planter to the doctors. The staff demonstrated their gratitude for the accessible and comprehensive on-site services through their enthusiastic participation. This initiative, which included specialised screenings and a focus on regular check-ups, highlighted the school's dedication to its employees' health and welfare.



This annual initiative aligned with Sustainable Development Goals for good health and well-being, continuing to inspire staff to prioritise preventive health care as their greatest wealth. The event concluded on a highly positive note, with all stakeholders acknowledging that the camp was a great success.